

Course Syllabus

Cicely Tyson Middle/High School
Health Education
Monday-Friday
Quarter Course
Credit hours: 1.25

Ms. Walters
School phone number: (973) 414-8600
Room Number: 257
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Welcome and Introduction

Welcome to Health Education. I'm your instructor, Ms. Walters. We'll be together for the 2019-2020 school year. In this course, we'll come together to help you learn to gain a better understanding of health related topics and concerns that are happening all around the world.

Course Theme (overarching ideal)

"The first step is you have to say that you can."-Will Smith

Course Goals/Essential Questions

- Strategies for helping individuals in abusive dating relationships
- Understanding the different stages of childbirth
- Endocrine and reproductive system
- Identify the steps and procedures for performing CPR and First Aid

Methods of Instruction

Students will receive instruction through the instructor's use of technology, lectures, group assignments, power points, role play and class discussions.

Course Component Specifics

Students need to bring a positive attitude to class and show respect toward their classmates and teachers in Physical Education. To ensure a safe learning environment, students must follow all instructions given to them during the period.

Attendance and Make-Up Work

Absences are recognized for the following reasons:

1. Absences to participate in official school/district activities (performances, field trips, athletic events, etc.)
2. Absences for medical reasons
3. College Visits
4. Pass indicating with Administrator/Guidance/Nurse/CST/Social Worker/Discipline
5. Passes indicating you are with another teacher must be cleared first by the period

teacher if you are planning to be more than 10 minutes late.

If you miss class, make arrangements with me as soon as possible to arrange time for your make-up assignments. You are responsible for getting class notes from a classmate. Make-up assignments are due by the end of the class following the missed class.

Course Requirements and Grading

Students will receive a letter grade based upon

- Participation-15%
 - Attendance -
 - Arrive on time -
 - Behavior -
 - Assignments -
 - Writing Prompts
- Homework 15%
 - Homework should be done and submitted on time.
- Projects-20%
 - During each unit students will complete either a group project or in class project
- Quizzes 20%
 - Weekly or bi weekly.
- Test 30%
 - Unit Test

Opportunities for Extra Support

By appointment

How to Reach Me

Email me at Carolyn.walters@eastorange.k12.nj.us if you need to reach me. I

will respond to you within 24-48 hours.

Required text/E-book/Online Resources Used

Glencoe Health Textbook

Quarterly/Unit Schedule

Topics:

Quarter/Unit I Dates:

- List of Topics/SLOs
 - First Aid, CPR
 - Safe Dating
 - Pregnancy and Child Birth
 - Endocrine and Reproductive System

- Assignments/projects/Assessments
 - Homework will be assigned weekly (indicate assignments by 1st week in Sept. if subject has not been identified)
 - Major projects for the cycle not included Semester PBL
 - Bi-weekly/weekly quizzes
 - Unit Assessment/Chapter Test

*Cicely L. Tyson Community School for Performing and Fine Arts Middle/High School where:
“ We aim high. We soar high.”*